In the Specification

Beginning at line 13 on page 4, please amend the specification as follows:

Figure 31 is a side view of a twelfth exercise device constructed according to the principles of the present invention; and

Figure 32 is a side view of the exercise device of Figure 31, showing the device in an active position;

Figure 33 is a side view of a thirteenth exercise device constructed according to the principles of the present invention; and

Figure 34 is a side view of the exercise device of Figure 33, showing the device in an active position.